

RESULTATLISTE ALMINDSØSTAFETTEN 2003 5 - mandshold

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 plac. hold

1	107	VAF - X			
		Tommy Lynggaard	12.50	0.12.50.92	(1)
		Claus Hansen	13.05	0.25.56.33	(1)
		Hans Mygind	12.48	0.38.44.56	(1)
		Jørgen Gamborg	12.28	0.51.13.27	(1)
		Søren Dalsgaard	13.02	1.04.15.94	(1)
2	108	VAF - Y			
		Jacob Pallesen	13.18	0.13.18.16	(2)
		Dennis Lybæk Nielsen	13.23	0.26.42.11	(2)
		Tommy Kristensen	14.26	0.41.08.45	(2)
		Kris Gladney	14.06	0.55.15.40	(2)
		Christtian Jørgensen	13.29	1.08.45.33	(2)
3	71	SMT 1			
		Karl Ole Mikkelsen	14.07	0.14.07.87	(5)
		Kaj Nielsen	13.22	0.27.29.89	(3)
		Torben Rosted	14.17	0.41.47.39	(3)
		Bo Terp Paulsen	13.46	0.55.34.02	(3)
		Thomas Jensen	14.14	1.09.48.50	(3)
4	60	Hammel GF Herrer			
		Jean Jepsen	14.45	0.14.45.72	(14)
		Per Højmark	13.36	0.28.22.18	(4)
		Anders Bak Jensen	15.24	0.43.46.47	(4)
		Lars Simonsen	15.51	0.59.38.00	(4)
		Olav Thygesen	15.50	1.15.28.92	(4)
5	19	Silkeborgskolen All Stars			
		Brian Kristensen	14.20	0.14.20.34	(6)
		Morten Holm	14.33	0.28.53.55	(5)
		Simon Holm	15.37	0.44.30.96	(5)
		Anders Bejder	16.04	1.00.35.40	(5)
		Morten Søndergaard	15.02	1.15.37.93	(5)
6	37	Jyske Bank-Jyske Markets 1			
		Lars Brix	14.25	0.14.25.56	(8)
		Jørn Kildegaard	15.09	0.29.35.07	(6)
		Peter Andersen	15.34	0.45.09.24	(6)
		Kristian Hedegaard	15.45	1.00.54.78	(6)
		Peter Andersen	15.40	1.16.34.94	(6)
7	99	Silkeborg Svømmeklub 1			
		Emil Dalgaard	16.46	0.16.46.88	(36)
		Bjørn Sørensen	14.46	0.31.33.82	(16)
		Mark Knudsen	16.23	0.47.57.59	(12)
		Niklas Brix	16.11	1.04.09.55	(8)
		Jesper Starcke-Jensen	15.25	1.19.35.54	(7)

8	81	Herning Løbeklub			
		Henrik Skovby-Jensen	14.36	0.14.36.10	(10)
		Thomas Stubkjær	17.18	0.31.54.91	(17)
		Henrik Greve	17.52	0.49.47.11	(17)
		Henrik Skovby-Jensen	15.03	1.04.50.91	(11)
		Jørgen Kristensen	14.59	1.19.50.37	(8)
	9	52 Silkeborg Pigerne og Drengene 1			
		Jakob Pedersen	14.38	0.14.38.03	(11)
		Karsten Høj	16.32	0.31.10.09	(12)
		Peder Pedersen	15.27	0.46.37.89	(8)
		Lasse Jensen	17.06	1.03.44.17	(7)
		Peter Hatting	16.07	1.19.52.13	(9)
	10	97 Gammel Ryes drenge			
		Stig Mathisen	14.28	0.14.28.52	(9)
		Martin Vinther	16.27	0.30.56.03	(9)
		Alex Kierkegaard	16.36	0.47.32.71	(9)
		Ejnar Jakobsen	17.13	1.04.45.86	(10)
		Claus Langergård	15.18	1.20.04.54	(10)
	11	50 EnergiMidt nye strømninger 1			
		Flemming Boye	15.17	0.15.17.57	(21)
		Carsten B.Lund	14.46	0.30.04.23	(8)
		Ulla R.Jensen	16.30	0.46.34.71	(7)
		Keld Olsen	17.42	1.04.16.75	(9)
		Kim Schau	16.15	1.20.31.95	(11)
	12	55 Skive AM Veteraner 2			
		Børge Færch	17.33	0.17.33.79	(54)
		Uffe Thomsen	16.24	0.33.58.44	(31)
		Arne Møller	17.04	0.51.03.40	(22)
		Jens Jørgen Sørensen	15.48	1.06.51.80	(19)
		Henrik Rahtje	14.53	1.21.45.33	(12)
	13	11 Jyske Bank-Koncernfinans			
		Henrik Warmdahl	16.12	0.16.12.83	(28)
		Lars Almind	16.34	0.32.46.92	(24)
		Steen Nygaard	16.56	0.49.42.94	(15)
		Steen Qvist Jørgensen	16.11	1.05.54.79	(15)
		Klaus Bredal	15.54	1.21.49.50	(13)
	14	64 Ikast AM 1			
		Tommy Lauritsen	14.20	0.14.20.67	(7)
		Jens Kristensen	17.06	0.31.27.39	(15)
		Lars Riis	18.53	0.50.20.72	(19)
		Niels B.Pedersen	16.53	1.07.14.43	(20)
		Andreas Lauritsen	15.17	1.22.32.23	(14)
	15	68 Team kiropraktor Ole Hansen			
		Lars Andersen	15.46	0.15.46.52	(23)
		Allan Sørensen	16.37	0.32.24.51	(21)
		Ole Hansen	17.17	0.49.41.51	(14)
		Claus Iversen	15.32	1.05.13.76	(12)
		Lars Andersen	17.19	1.22.33.06	(15)

16	53	Silkeborg Pigerne og Drengene 2			
		Ulrik Jespersen	14.04	0.14.04.19	(4)
		Jens Fisker	16.55	0.31.00.15	(10)
		Finn Højly	16.40	0.47.40.18	(10)
		Søren Lauersen	17.45	1.05.25.90	(14)
		Kenneth Andersen	17.25	1.22.50.91	(16)
17	116	Fri Cykler			
		Anders Lillbäck	16.49	0.16.49.13	(37)
		Jesper Danielsen	15.36	0.32.25.23	(22)
		Jan Christiansen	18.02	0.50.27.65	(20)
		Jan Kim Engemand	16.15	1.06.43.51	(17)
		Lars Høj	16.10	1.22.54.48	(17)
18	42	DMU - TERI Herrer			
		Thomas Larsen	13.40	0.13.40.85	(3)
		Niels Elmagaard	17.24	0.31.04.98	(11)
		John Jensen	16.48	0.47.53.30	(11)
		Morten Strandberg	18.50	1.06.43.78	(18)
		Janeck Scott-Fordsmand	16.57	1.23.41.77	(18)
19	22	Overløberne			
		Niels Thorsgaard	16.50	0.16.50.01	(39)
		Jens Dreier	16.11	0.33.01.48	(25)
		Erling Würtz	18.21	0.51.23.17	(25)
		Jesper Dalsgaard	16.34	1.07.57.55	(22)
		Kjeld Hasselstrøm	15.55	1.23.52.81	(19)
20	93	De lange løg			
		Alexander Brunso	20.16	0.20.16.37	(106)
		Kasper Høeg	16.52	0.37.08.64	(72)
		Anders Bomholt	15.54	0.53.03.52	(41)
		Mads Bomholt	15.39	1.08.42.91	(27)
		Kristian Gøttler	15.46	1.24.29.28	(20)
21	54	Skive AM Veteraner 1			
		Fin Andersen	19.30	0.19.30.50	(97)
		Niels Erik Nielsen	16.09	0.35.40.05	(54)
		Erling Holmgaard	16.31	0.52.11.62	(34)
		Kim Sørensen	16.14	1.08.25.89	(24)
		Henning Rasmussen	16.05	1.24.31.20	(21)
22	18	Silkeborgskolen-lærerholdet			
		Brian Andersen	17.02	0.17.02.15	(42)
		Mads Steen	15.32	0.32.34.29	(23)
		Gurli Andersen	17.30	0.50.04.58	(18)
		Carsten Mathiasen	19.40	1.09.45.53	(31)
		Michael Schrøder	15.04	1.24.50.32	(22)
23	73	Gødvad Efterskole			
		John Birk	16.45	0.16.45.18	(35)
		Niels Munksgård	19.42	0.36.27.50	(65)
		Karl Ole Mikkelsen	16.23	0.52.51.11	(37)
		Svend Borgbjerg	17.34	1.10.25.24	(34)
		Karl Ole Mikkelsen	14.42	1.25.08.00	(23)

24	26	Jyske Bank - Fløjtyrene			
		Lars Papsø	17.59	0.17.59.55	(65)
		Lars Juel Christensen	14.23	0.32.22.70	(19)
		Jesper Christensen	18.58	0.51.21.20	(23)
		Bo Andersen	15.04	1.06.25.38	(16)
		Lars B.Nielsen	18.51	1.25.16.52	(24)
25	112	Århus 1900			
		Henrik Hansen	15.51	0.15.51.13	(26)
		Arne Thomsen	15.19	0.31.10.75	(14)
		John Pedersen	20.24	0.51.35.31	(27)
		Anne Lene Christiansen	18.35	1.10.10.36	(32)
		Jørgen Christophersen	15.27	1.25.37.77	(25)
26	16	Silkeborgskolen 2			
		Michael	14.55	0.14.55.82	(16)
		Nicky	19.24	0.34.20.63	(35)
		Simon L	17.35	0.51.56.24	(31)
		Christoffer S	16.10	1.08.06.33	(23)
		Andreas	17.43	1.25.50.19	(26)
27	1	Haarup Maskinfabrik A/S			
		Brian Kausing	18.03	0.18.03.83	(68)
		Lars Hansen	16.07	0.34.11.47	(34)
		Bo Sørensen	17.10	0.51.21.58	(24)
		Kim Israelsen	17.12	1.08.34.40	(25)
		Hans Christensen	17.23	1.25.57.55	(27)
28	30	Partner Revision A/S			
		Jakob Nyturk	18.42	0.18.42.44	(82)
		Martin Husted	16.05	0.34.47.71	(41)
		Tom Østergaard	16.54	0.51.42.45	(29)
		Troels T.Mikkelsen	16.59	1.08.42.26	(26)
		Rene H.Conradsen	17.21	1.26.04.03	(28)
29	77	Avisdrengene			
		Kenneth Husum	17.13	0.17.13.68	(50)
		Bent Nørgaard	16.49	0.34.03.38	(33)
		Peter Sørensen	19.37	0.53.40.71	(44)
		Kent Knudsen	15.53	1.09.33.89	(30)
		Kenneth Husum	17.04	1.26.38.74	(29)
30	21	Team JYSK			
		Lars Jordansen	15.01	0.15.01.53	(17)
		Jakob Leth	19.27	0.34.28.54	(38)
		Lars Andreassen	18.34	0.53.03.19	(40)
		Jan Bøgh	17.13	1.10.16.67	(33)
		Jens Henrik Jensby	16.38	1.26.55.44	(30)
31	23	Opsamlingen			
		Michael Kirk	16.39	0.16.39.36	(33)
		Niels Henrik Ilvig	20.15	0.36.54.97	(68)
		Finn Mikkelsen	16.35	0.53.30.33	(43)
		Kim Thorsted	15.30	1.09.00.44	(28)
		Jan Knudsen	18.04	1.27.05.43	(31)
32	24	DAI-Arkitekter og Ingeniører			
		Ken T.Pedersen	16.39	0.16.39.74	(34)

		Svend Aaen	17.10	0.33.50.09	(30)
		Per Klitte	15.55	0.49.45.52	(16)
		Peter Lund	15.29	1.05.15.13	(13)
		John Laursen	21.52	1.27.07.14	(32)
33	6	Bryrup Skole			
		Verner Becker	18.02	0.18.02.57	(67)
		Erik Sørensen	17.17	0.35.19.89	(46)
		Poul Marcussen	18.31	0.53.51.03	(47)
		Martin Steenhøj	15.16	1.09.07.74	(29)
		Thomas Henten	18.23	1.27.31.52	(33)
34	32	Silkeborg Politi 1			
		Lars Bruun	17.14	0.17.14.84	(51)
		Morten Kjær	19.40	0.36.55.41	(69)
		Jan Juul	14.33	0.51.28.72	(26)
		Kuno Christensen	20.34	1.12.03.12	(48)
		Ejvind Svejstrup	15.45	1.27.48.28	(34)
35	67	Ikast AM 2			
		Hans Christian Riis	15.04	0.15.04.56	(18)
		Michael Nielsen	20.59	0.36.04.16	(58)
		Kuno Kristensen	18.55	0.54.59.64	(56)
		Johnny Jensenrd	16.52	1.11.52.02	(47)
		Tonny Holm	16.06	1.27.58.22	(35)
36	66	Roadrunners 96			
		Nick Schmidt	16.03	0.16.03.87	(27)
		Erik Leschly	16.05	0.32.09.68	(18)
		Uffe Leschly	18.23	0.50.32.86	(21)
		Lars Nørregaard	20.25	1.10.58.36	(37)
		Gorm Leschly	17.10	1.28.08.54	(36)
37	47	FJMTJ			
		Frank	17.49	0.17.49.17	(59)
		Jacob	15.43	0.33.33.06	(27)
		Martin	18.40	0.52.13.10	(35)
		Thomas Jensen	18.49	1.11.02.97	(38)
		Jacon	17.15	1.28.18.37	(37)
38	69	Åreknuderne			
		Lars Andersen	17.05	0.17.05.01	(45)
		Kuno Jensen	18.09	0.35.14.29	(45)
		Simon Q.Thygesen	17.34	0.52.48.36	(36)
		Frank Q.Thygesen	17.58	1.10.46.39	(35)
		Lasse Bergsøe	17.33	1.28.20.30	(38)
39	115	Årstidernes Arkitekter A/S			
		Poul Østerby	18.10	0.18.10.81	(72)
		Michael Christiansen	15.32	0.33.43.06	(29)
		Anders Kærsgaard	20.12	0.53.55.87	(48)
		Esben Pedersen	17.23	1.11.19.34	(40)
		Carsten Madsen	17.04	1.28.23.59	(39)

40	95	Sminge 2			
		Tommy Rasmussen	18.12	0.18.12.62	(73)
		Jacob Løchte	16.52	0.35.05.34	(43)
		Per Nordmark	19.48	0.54.53.76	(55)
		Allan Olesen	16.36	1.11.29.78	(42)
		Jørn Døssing	16.54	1.28.24.47	(40)
41	103	Team Hvidtved-Lillehøjvej			
		Poul Erik Dahlsen	16.14	0.16.14.37	(29)
		Heinrich Johansen	18.22	0.34.36.61	(39)
		Henrik Grimstrup	18.46	0.53.23.41	(42)
		Hans Lomholt	18.25	1.11.48.83	(45)
		Niels Peder Sørensen	16.52	1.28.41.11	(41)
42	41	DMU- VAF Herrer			
		Carlos Hoffmann	20.39	0.20.39.27	(109)
		Brian Kronvang	18.44	0.39.24.15	(90)
		Nikolaj Friberg	17.22	0.56.46.19	(71)
		Hans Estrup Andersen	16.07	1.12.53.26	(52)
		Rasmus Bach Lauridsen	15.48	1.28.42.05	(42)
43	63	Team Møgelø			
		Steen Nielsen	15.06	0.15.06.70	(19)
		Kasper V.Christensen	14.42	0.29.48.80	(7)
		Rasmus Kunø	21.50	0.51.39.71	(28)
		Gert Andersen	20.59	1.12.38.98	(51)
		Søren Peter Kunø	16.11	1.28.50.12	(43)
44	100	Silkeborg Svømmeklub 2			
		David Adelskov	15.10	0.15.10.21	(20)
		Morten Riemenschneider	16.00	0.31.10.36	(13)
		Martin Louring	17.38	0.48.49.05	(13)
		Dennis Kinnerup	18.43	1.07.32.50	(21)
		Bjarke Møller	21.19	1.28.52.10	(44)
45	7	Acceleration			
		Brian Werner Pedersen	17.49	0.17.49.77	(61)
		Rene Verner	16.36	0.34.26.23	(37)
		Per Andreassen	18.30	0.52.57.15	(39)
		Johs Boye	18.29	1.11.26.43	(41)
		Thomas Pedersen	17.35	1.29.02.04	(45)
46	65	3 unge og 2 tunge, Skægkærskolen			
		Asger Skov Nielsen	18.15	0.18.15.04	(75)
		Per Kristijansen	16.42	0.34.57.65	(42)
		Jacob Mariager	19.07	0.54.05.64	(49)
		Ole Rolsted Hansen	17.41	1.11.46.64	(44)
		Thomas Jørgensen	17.22	1.29.09.57	(46)
47	28	BDO Scanrevision			
		Dennis Lund	14.41	0.14.41.76	(12)
		Kuno Hesel	20.48	0.35.30.16	(51)
		Nikolai Sørensen	16.34	0.52.04.70	(33)
		Arne Jensen	18.52	1.10.57.37	(36)
		Harry Olesen	18.14	1.29.11.54	(47)

48	94	Sminge 1			
		M. Sølvsten	17.27	0.17.27.14	(53)
		Peter Kruse	22.31	0.39.59.02	(93)
		Ove Sølvsten	18.41	0.58.40.71	(86)
		Jens Mogensen	15.34	1.14.14.94	(61)
		Mikkel Sølvsten	15.24	1.29.39.50	(48)
49	39	Jyske Bank - Indland			
		Peter Lyngbye	18.08	0.18.08.17	(71)
		Peter Bødskov	19.57	0.38.05.27	(77)
		Flemming Madsen	19.25	0.57.30.68	(79)
		Kaj Kaspersen	16.25	1.13.55.93	(58)
		Flemming Nielsen	15.52	1.29.48.84	(49)
50	58	Jyske Bank - KIT 1			
		Thomas Grønbæk	16.49	0.16.49.57	(38)
		Ejner Jensen	15.33	0.32.23.20	(20)
		Torben Anholm	20.31	0.52.55.07	(38)
		Frank Sanggaard	18.16	1.11.11.82	(39)
		Frits Andersen	19.06	1.30.17.95	(50)
51	106	Thors Hammer			
		Jakob Krause-Jensen	19.15	0.19.15.13	(93)
		Claus Riekers von Hofe	15.52	0.35.07.26	(44)
		Peter Bondo	19.07	0.54.14.38	(52)
		Claus Bossen	19.40	1.13.55.33	(57)
		Werner Sperschneider	16.43	1.30.38.93	(51)
52	74	EM			
		Kaj Ingvorsen	15.49	0.15.49.59	(25)
		Kristian Erikson	20.13	0.36.02.62	(57)
		Lars Erikson	17.45	0.53.48.45	(46)
		Peter Mogensen	17.42	1.11.31.15	(43)
		Lars Mogensen	19.08	1.30.39.20	(52)
53	90	B/V Atletik			
		Arne Vinther	18.27	0.18.27.61	(79)
		Preben Sørensen	17.47	0.36.15.48	(61)
		Jørn Sadolin	19.51	0.56.07.19	(66)
		Preben Sørensen	18.32	1.14.39.98	(64)
		Hans Sadolin	16.11	1.30.51.34	(53)
54	85	Trevira Neckelmann 1			
		Henry Villadsen	18.18	0.18.18.28	(76)
		Torben Nielsen	18.31	0.36.50.13	(66)
		Bjørn Ibsen	17.56	0.54.47.00	(54)
		Jens Pedersen	17.04	1.11.51.64	(46)
		Hans Henrik Nielsen	19.05	1.30.57.60	(54)
55	2	Nordea			
		Leo Kristensen	18.23	0.18.23.44	(77)
		Søren P.Villadsen	18.02	0.36.25.82	(63)
		Knud Erik Søndergaard	19.18	0.55.44.15	(61)
		Peter Rosendal	17.30	1.13.14.71	(55)
		Morten S.Madsen	17.51	1.31.06.26	(55)

56	80	Adidas			
		Kristian Lyder	17.08	0.17.08.16	(46)
		Lars Bruun	18.21	0.35.29.83	(50)
		Carsten Nielsen	16.26	0.51.56.51	(32)
		Lars Madsen	20.30	1.12.26.63	(50)
		Frank Lydig	18.43	1.31.10.51	(56)
57	20	Brandtex-Hurtigløberne			
		Søren Antonsen	18.49	0.18.49.04	(84)
		Jan Binzer	18.55	0.37.44.68	(75)
		Svend Jørgensen	21.22	0.59.06.69	(92)
		Mikael Lund	16.11	1.15.18.43	(68)
		Rasmus Pedersen	16.00	1.31.18.86	(57)
58	110	Karup OK 2			
		Leo Jespersen	17.03	0.17.03.91	(43)
		Peter Farver	16.59	0.34.03.16	(32)
		Lars Kopp	19.39	0.53.43.12	(45)
		Kim Schouborg	20.37	1.14.20.93	(62)
		Michael Bitsch	17.14	1.31.35.89	(58)
59	17	Silkeborgskolen 3			
		Thor	17.24	0.17.24.51	(52)
		Martin R	17.58	0.35.23.41	(47)
		Danny	16.30	0.51.54.21	(30)
		Rene	24.20	1.16.14.79	(76)
		Thomas	15.25	1.31.39.90	(59)
60	249	P.S.Industrilakering			
		Ivan Nielsen	16.23	0.16.23.26	(31)
		Karl Thygesen	19.41	0.36.04.99	(59)
		Svend Erik Valbjørn	20.38	0.56.43.50	(70)
		Per Porsgaard	18.29	1.15.12.50	(67)
		Ivan Nielsen	16.29	1.31.42.42	(60)
61	9	Klub 16-45			
		Sebastian Schledermann	17.54	0.17.54.44	(62)
		Michael Bandholm	18.32	0.36.27.29	(64)
		Kim Bruun	17.45	0.54.13.22	(51)
		Søren Fisker	18.02	1.12.16.14	(49)
		Henrik Schledermann	19.33	1.31.50.00	(61)
62	40	Danske Fragtmænd Silkeborg			
		Klaus Munk	19.05	0.19.05.18	(88)
		Bjarne Munk	18.22	0.37.28.09	(74)
		Erik Hansen	19.58	0.57.27.06	(78)
		Uffe Thomsen	16.27	1.13.54.62	(56)
		Lars Hedegaard	17.57	1.31.52.36	(62)
63	122	Ulle og co			
		Mads Hoffmann	17.08	0.17.08.19	(47)
		Ulrik Kofoed	22.18	0.39.26.78	(91)
		Lasse Nielsen	17.09	0.56.36.41	(69)
		Harry Lauridsen	18.30	1.15.06.68	(66)
		Claus Louring	16.46	1.31.52.80	(63)

64	10	Galten GF Herre			
		David Rasmussen	19.10	0.19.10.18	(89)
		Søren Pedersen	17.49	0.36.59.80	(71)
		Palle Sørensen	18.22	0.55.22.65	(59)
		Ole Kristensen	17.45	1.13.07.82	(53)
		Egon Jensen	18.57	1.32.04.89	(64)
65	46	Slowmotion			
		Hugo Thomsen	21.38	0.21.38.43	(118)
		Sune Opstrup	20.35	0.42.13.48	(111)
		Claus Mølbæk	16.25	0.58.38.57	(85)
		Peter Øland Hansen	17.24	1.16.02.70	(74)
		Carsten Hjortflod	16.08	1.32.11.15	(65)
66	31	Sprinterne			
		Anders Møller Larsen	17.49	0.17.49.44	(60)
		Kristian Brix Jakobsen	19.08	0.36.58.10	(70)
		Jes Munk	19.06	0.56.04.83	(65)
		Jens Baand Larsen	17.09	1.13.14.14	(54)
		Henrik Bach	19.22	1.32.36.47	(66)
67	8	Them'lig hurtig			
		Gert Hansen	19.02	0.19.02.49	(86)
		Thomas Pelch	16.57	0.36.00.37	(56)
		Sten Okkels Nørby	20.55	0.56.56.02	(72)
		Bente Hosbjerg	19.46	1.16.42.63	(78)
		Flemming Poulsen	16.01	1.32.43.88	(67)
68	35	Silkeborg Politi 4			
		Jørn Iversen	20.01	0.20.01.10	(102)
		Ole Korsgaard	17.45	0.37.46.71	(76)
		Niels Gøttler	17.18	0.55.05.57	(57)
		Aage Ellehuus	19.42	1.14.48.00	(65)
		Jesper Andersen	18.03	1.32.51.02	(68)
69	87	Gødvadskolen			
		Anders Jørgensen	19.12	0.19.12.32	(90)
		Karsten Sørensen	21.18	0.40.30.77	(98)
		Jan Baad	17.38	0.58.09.68	(82)
		Anders Madsen	16.20	1.14.30.10	(63)
		Morten Nielsen	18.26	1.32.57.01	(69)
70	59	Bog & Idé			
		Svend Erik Kristensen	17.04	0.17.04.57	(44)
		Jens Jacob Levring Madsen	23.15	0.40.20.28	(95)
		Flemming Sørensen	16.03	0.56.23.62	(68)
		Leif Bach Sørensen	17.48	1.14.11.64	(60)
		Niels Kastrup	18.45	1.32.57.45	(70)
71	104	Team Hvidtved - HAL 9			
		Carsten Job Hansen	16.56	0.16.56.22	(40)
		Michael Forup	18.28	0.35.24.29	(48)
		Bjørn Clausen	20.38	0.56.03.13	(64)
		Nikolaj Nielsen	19.24	1.15.27.33	(70)
		Claus Schneider	17.43	1.33.10.52	(71)

72	12	Jyske Bank-mænd i løbetid			
		Michael Lægsgaard	21.26	0.21.26.67	(117)
		Henning Moeslund	19.35	0.41.02.57	(104)
		Carsten Sparsø	17.50	0.58.53.51	(89)
		Lars Snedker	17.18	1.16.12.26	(75)
		Carsten Laustsen	17.31	1.33.43.70	(72)
73	25	Delta Runners			
		Henrik Jensen	22.06	0.22.06.55	(119)
		Per Bo Sondrup	21.28	0.43.34.93	(117)
		Jørgen Mygind	17.25	1.01.00.39	(104)
		Jesper Mortensen	18.31	1.19.32.19	(98)
		Claus G.Lyngby	14.23	1.33.55.40	(73)
74	101	Silkeborg Svømmeklub 3			
		Jesper Andersen	18.36	0.18.36.46	(81)
		Jonas Skall Hansen	18.17	0.36.53.54	(67)
		Steffen Skjødt	18.17	0.55.10.84	(58)
		Kaare Axelsen	20.09	1.15.19.97	(69)
		Michael Hinge	18.43	1.34.03.64	(74)
75	113	TSB Supporters			
		Anders Helt	20.06	0.20.06.21	(103)
		Tue Jensen	20.09	0.40.16.05	(94)
		Jakob Bergmann	19.45	1.00.01.18	(95)
		Thomas Christensen	18.10	1.18.11.72	(89)
		Allan Sørensen	16.10	1.34.22.37	(75)
76	61	APV Nordic Mænd			
		Søren Olsen	18.26	0.18.26.79	(78)
		Lars Vestergaard	17.01	0.35.28.62	(49)
		Kim Kirkegaard	20.29	0.55.57.86	(63)
		Peder Bækgaard	19.48	1.15.46.44	(72)
		Knud Erik Vase	18.47	1.34.34.34	(76)
77	29	Peugeot - Silkeborg			
		Finn Andersen	15.37	0.15.37.68	(22)
		Kim Jessen	20.32	0.36.09.71	(60)
		Henrik Hvidtved	19.57	0.56.07.63	(67)
		Flemming Sandberg	17.51	1.13.59.61	(59)
		Keld Grønne	20.55	1.34.55.32	(77)
78	119	Silkeborgskolen 4			
		Ralf	18.02	0.18.02.13	(66)
		Nikolaj	20.20	0.38.22.79	(79)
		Simon I	19.25	0.57.47.87	(80)
		Joen	19.19	1.17.06.91	(82)
		Kristian B	18.07	1.35.13.94	(78)
79	15	Silkeborgskolen 1			
		Kasper	17.01	0.17.01.00	(41)
		Daniel C	18.30	0.35.31.43	(52)
		Rene G	19.00	0.54.32.17	(53)
		Paw	22.34	1.17.06.53	(81)
		Tobias	18.07	1.35.14.22	(79)

80	114	Benlamme Allstars			
		Stig Bech Nielsen	22.13	0.22.13.74	(120)
		John Fisker	19.33	0.41.46.79	(108)
		Jens Würgler	15.24	0.57.11.68	(75)
		Henrik Mikkelsen	18.32	1.15.44.52	(71)
		Torsten Christensen	19.41	1.35.25.59	(80)
81	5	De fem			
		Svend Nielsen	20.28	0.20.28.51	(107)
		Kåre Klausen	19.17	0.39.46.50	(92)
		Niels Valeur	17.37	0.57.23.93	(77)
		Søren Andresen	19.58	1.17.22.78	(86)
		Per Nørmark	18.06	1.35.29.21	(81)
82	105	Team Trica			
		Allan Vester	20.48	0.20.48.22	(112)
		Peter Egger	19.36	0.40.25.00	(97)
		Ulrik Bach	18.59	0.59.24.87	(93)
		Morten Hansen	17.41	1.17.06.20	(80)
		Nicklas Nilsen	18.27	1.35.33.88	(82)
83	33	Silkeborg Politi 2			
		Ole Bech	17.56	0.17.56.69	(64)
		Kenn Sølvkær	16.41	0.34.38.53	(40)
		Jens Rasmussen	21.16	0.55.55.17	(62)
		Jesper Korsholm	21.12	1.17.07.30	(83)
		Jens Erhardtsen	18.32	1.35.40.14	(83)
84	44	L'Escargots 2			
		Søren Langsohm Papsø	17.40	0.17.40.71	(56)
		Peter Pagaj Nygaard	24.39	0.42.20.13	(114)
		Georg Tøffe Schmidt	18.18	1.00.38.14	(97)
		Niels Kølle Søndergaard	17.16	1.17.55.08	(88)
		Lars Vild Wilhelm	17.47	1.35.42.50	(84)
85	27	Jyske Bank - Run-onomics			
		Peter Skøttegaard Øemig	17.10	0.17.10.61	(48)
		Ib Fredslund Madsen	23.11	0.40.21.65	(96)
		Søren Nemec	20.23	1.00.45.12	(100)
		Poul Nørbjerg	16.07	1.16.52.47	(79)
		Mikkel Kynde	18.50	1.35.43.27	(85)
86	118	Deloitte & Touche 2			
		Lars Jul Christensen	18.46	0.18.46.07	(83)
		Mogens Bjerregaard	22.40	0.41.26.79	(107)
		Erik Andersen	17.26	0.58.53.23	(88)
		Anders Sørensen	18.33	1.17.26.63	(87)
		Peter Toft	18.19	1.35.45.80	(86)
87	109	Karup OK 1			
		Claus Madsen	19.51	0.19.51.60	(100)
		Erik Libak	19.13	0.39.04.65	(85)
		Arne Svendsen	18.12	0.57.17.17	(76)
		Egon Johansen	18.42	1.15.59.90	(73)
		Gert Bertel	19.53	1.35.53.05	(87)

88	121	HTH Århus Elite			
		Ole Carstensen	21.19	0.21.19.21	(116)
		Kenneth Nielsen	17.31	0.38.51.04	(83)
		Søren Pedersen	22.02	1.00.53.80	(101)
		Jens Kirk	15.35	1.16.29.45	(77)
		Kim Turbo Jacobsen	19.45	1.36.15.29	(88)
89	72	ADVODAN Mænd			
		Flemming Jespersen	19.34	0.19.34.07	(98)
		Erik Nørregaard	21.51	0.41.25.20	(106)
		Søren G.Dahlgård	17.32	0.58.58.07	(91)
		Søren Offersen	19.22	1.18.20.29	(90)
		Emil G.Dahlgård	18.02	1.36.22.60	(89)
90	82	Team Gunilslund Herrer			
		Ole Risbjerg	18.29	0.18.29.48	(80)
		Claus Søgaard	22.06	0.40.35.55	(100)
		Ernst Meyer	17.18	0.57.53.80	(81)
		Peter Mølkjær	20.46	1.18.40.50	(92)
		Jan Larsen	17.45	1.36.26.17	(90)
91	45	Jyske Bank - Valutaspurt 1			
		Esbern Terp	20.50	0.20.50.86	(113)
		Hans Degn	20.11	0.41.02.30	(103)
		Flemming Nielsen	19.36	1.00.38.91	(98)
		Jesper Hornskov	18.37	1.19.16.75	(95)
		Jens Ole Lunen	17.44	1.37.01.43	(91)
92	86	RKI Specialrykkerpatruljen			
		Kim Nielsen	17.39	0.17.39.01	(55)
		Mads Sørensen	28.27	0.46.06.20	(121)
		Jan Merrild	18.29	1.04.35.91	(115)
		Jørgen Skov	16.42	1.21.17.98	(106)
		Steen Maagaard	15.49	1.37.07.25	(92)
93	98	Degnene fra Låsby			
		Claus Boisen	16.22	0.16.22.71	(30)
		Bent Karkov	24.29	0.40.52.03	(101)
		Martin Marchl	20.26	1.01.18.62	(108)
		Ulla Ovesen	15.49	1.17.07.68	(84)
		Helle Søndergaard	20.01	1.37.09.67	(93)
94	57	Altforhurtigt			
		Torsten	16.29	0.16.29.25	(32)
		Tom	17.09	0.33.38.99	(28)
		Kim	21.50	0.55.29.35	(60)
		Jacob	24.54	1.20.23.43	(99)
		Kalif	17.02	1.37.26.42	(94)
95	96	Slubberterne			
		Brian Johansen	19.04	0.19.04.80	(87)
		Lasse Døssing	16.44	0.35.49.61	(55)
		Jens Erik Hagelquist	18.17	0.54.07.57	(50)
		Jacob Hagelquist	26.49	1.20.56.61	(103)
		Jesper Johansen	16.34	1.37.31.58	(95)

96	120	Landinspektørgården			
		Niels Volshøj	23.03	0.23.03.18	(122)
		Dzenan Ekmescic	19.04	0.42.07.66	(110)
		Søren Fogsgaard	21.41	1.03.49.61	(113)
		Jesper Nørgård	18.00	1.21.50.22	(107)
		Jens Raun	15.48	1.37.38.56	(96)
97	102	Herning GF A/M 1			
		Niels Thomassen	18.07	0.18.07.73	(70)
		Dorthe Thomassen	21.01	0.39.09.70	(87)
		Charlotte Dalsgaard	24.56	1.04.05.98	(114)
		Anders Buch	17.01	1.21.07.15	(104)
		Camilla Mortensgaard	16.38	1.37.45.21	(97)
98	92	Sportsmaster			
		Ivan Fiorentin	18.06	0.18.06.58	(69)
		Kjeld Matthiesen	19.05	0.37.11.61	(73)
		Per Nøttrup	24.06	1.01.18.02	(107)
		Jacob Bjerre	18.01	1.19.19.61	(96)
		Brian Andersen	18.30	1.37.50.37	(98)
99	78	Happy Runners Men			
		Henrik Hjort	21.12	0.21.12.28	(115)
		Michael Gade	18.08	0.39.21.12	(89)
		Jacob Petersen	21.21	1.00.42.26	(99)
		Morten Bro	18.38	1.19.20.32	(97)
		Simon Rønsholt	18.39	1.37.59.65	(99)
100	3	Kobra Arkitekter			
		Bo Boi	15.48	0.15.48.61	(24)
		Keld Bekmand	19.46	0.35.35.60	(53)
		Jørgen Henriksen	21.22	0.56.58.00	(73)
		Jens Tejsner	21.36	1.18.34.63	(91)
		Morten Nørgaard	19.44	1.38.19.31	(100)
101	36	Silkeborg Politi 5			
		Mogens Rubech	18.13	0.18.13.55	(74)
		Jane Jensby	22.46	0.41.00.48	(102)
		Vagn Martinussen	19.09	1.00.09.75	(96)
		Karina Jørgensen	22.24	1.22.33.99	(110)
		Claus Larsen	15.50	1.38.24.53	(101)
102	117	Deloitte & Touche 1			
		Anders Andersen	17.43	0.17.43.62	(58)
		Brian Jacobsen	16.39	0.34.22.71	(36)
		Dennis M.Jensen	31.18	1.05.41.44	(117)
		Kasper Pedersen	16.15	1.21.56.59	(109)
		Anders Andersen	16.37	1.38.34.09	(102)
103	14	Jyske Bank - Aldersmix			
		Danny Dam Holm	14.47	0.14.47.91	(15)
		Henrik Sørensen	18.20	0.33.08.13	(26)
		Kirsten Mølgaard	25.16	0.58.24.23	(83)
		Steen K.Rasmussen	22.30	1.20.54.85	(102)
		Niels Jacob Jacobsen	17.47	1.38.42.33	(103)

104	88	De raske rådgivere			
		Henrik Rasmussen	20.16	0.20.16.04	(105)
		Anders Munk Rediin	18.22	0.38.38.28	(80)
		Bo Frankø	20.10	0.58.48.29	(87)
		Claus Hemmingsen	20.03	1.18.52.15	(93)
		Thomas Rolskov	20.10	1.39.02.49	(104)
105	51	EnergiMidt nye strømninger 2			
		Birthe Pedersen	23.50	0.23.50.88	(123)
		Bent Poulsen	18.23	0.42.14.52	(112)
		Henry Dahl Kristensen	19.41	1.01.56.36	(110)
		Johnney Nielsen	19.56	1.21.52.96	(108)
		Michael Møller	17.40	1.39.33.57	(105)
106	62	Mors drenge			
		Jens Kristian Dalgård	19.50	0.19.50.11	(99)
		Martin Greve	18.56	0.38.46.85	(82)
		Lars Damgaard	20.06	0.58.53.84	(90)
		Rune Ytting Hellden	23.58	1.22.52.56	(112)
		Emil Nielsen	17.11	1.40.03.56	(106)
107	89	Jyske Bank - Jyske Invest			
		Claus Poulsen	18.56	0.18.56.40	(85)
		Helle Thomsen	22.19	0.41.15.64	(105)
		Jacob Greisen	19.41	1.00.57.31	(102)
		Jan Nielsen	19.56	1.20.53.75	(101)
		Claus Poulsen	19.16	1.40.10.21	(107)
108	43	L'Escargots 1			
		Morten Hurtig Kristensen	14.43	0.14.43.08	(13)
		Bent Vom Jensen	24.03	0.38.46.36	(81)
		Jørgen Hjulben Østergaard	22.12	1.00.58.68	(103)
		Hans Dameben Søndergaard	20.13	1.21.12.10	(105)
		Leif Lunteknold Pedersen	19.03	1.40.15.76	(108)
109	75	Gazellerne			
		Kipketer	20.30	0.20.30.65	(108)
		Kiptanui	15.54	0.36.25.42	(62)
		Tiger	29.48	1.06.13.74	(119)
		Bjørn	19.06	1.25.20.09	(116)
		Snegl	15.10	1.40.30.81	(109)
110	245	BG Bank Mænd			
		Søren Grønbæk Nielsen	20.08	0.20.08.57	(104)
		Søren Brødbæk	18.56	0.39.05.14	(86)
		Rasmus Søndergaard	17.54	0.56.59.48	(74)
		Bjarne Overvad	20.10	1.17.09.71	(85)
		Michael Schjermer Nielsen	24.07	1.41.16.83	(110)
111	70	Ørnsø Plejehjem-Seniorafd.			
		Søren Kristensen	17.11	0.17.11.27	(49)
		Erling Thybo	27.51	0.45.02.82	(119)
		Henrik Ostenfeldt	17.11	1.02.14.04	(111)
		Niels Jørgen Sørensen	18.39	1.20.53.37	(100)
		Kræn Hansen	20.34	1.41.27.98	(111)

112	84	Promax			
		Dan Schljajkjær	19.14	0.19.14.74	(92)
		Henrik Pallesen	20.01	0.39.16.07	(88)
		Finn Busk	21.49	1.01.05.11	(105)
		Torben Bloch	22.45	1.23.50.72	(115)
		Peter Bang	17.56	1.41.47.10	(112)
113	49	Logodan			
		Claus Bo Sørensen	19.16	0.19.16.33	(94)
		Jan S.Ravn	19.40	0.38.56.96	(84)
		Flemming From	20.54	0.59.51.40	(94)
		Michael Møller Jensen	19.17	1.19.09.23	(94)
		Ole Davidsen	23.55	1.43.04.87	(113)
114	4	Them Klinik for Fysioterapi			
		L.Gilkrog	19.22	0.19.22.43	(96)
		Karsten Skovgaard	21.11	0.40.34.39	(99)
		Marius Balleby	17.56	0.58.30.50	(84)
		Michael Spejlborg	30.03	1.28.33.92	(120)
		Lars Nørskov	14.38	1.43.12.67	(114)
115	48	Jyske Bank - FRONT Runners			
		Ole Rydborg	20.43	0.20.43.23	(110)
		Carsten Jermiin	21.44	0.42.27.98	(115)
		Flemming Juhl	19.20	1.01.48.17	(109)
		Ole Rasmussen	21.59	1.23.47.26	(114)
		Anders Myrhøj	19.32	1.43.19.98	(115)
116	38	Revisorhuset			
		Jan Pedersen	19.17	0.19.17.10	(95)
		Kennet Jeppesen	22.42	0.42.00.02	(109)
		Dennis Jeppesen	19.07	1.01.07.69	(106)
		Jens Aarslev	21.30	1.22.38.06	(111)
		Poul Arne Danielsen	23.05	1.45.43.28	(116)
117	34	Silkeborg Politi 3			
		Peter Nørskov	19.56	0.19.56.87	(101)
		Jytte Dal	25.07	0.45.03.97	(120)
		Jan Sørensen	17.25	1.02.28.98	(112)
		Jesper Bang	24.15	1.26.44.29	(117)
		Jesper Poulsen	19.27	1.46.11.78	(117)
118	13	Jyske Bank - Drengene			
		Anders Dam	20.57	0.20.57.62	(114)
		Anders Dam	21.17	0.42.15.13	(113)
		Visti Nielsen	24.47	1.07.02.68	(120)
		Leif F.Larsen	20.52	1.27.54.76	(119)
		Per Munkholm Poulsen	20.39	1.48.34.54	(118)
119	83	Team Gunilslund Talenter			
		Søren Mikkelsen	19.12	0.19.12.87	(91)
		Bjørn Graae	29.41	0.48.54.66	(123)
		Max Hovedskov	21.43	1.10.37.98	(122)
		Frank Lydig	20.21	1.30.59.25	(121)
		Michael Busk	20.48	1.51.47.54	(119)

120	91	Jysk Bank - Koncernøkonomi			
		Søren L.Jensen	17.54	0.17.54.82	(63)
		Otto Bjerg Pedersen	30.25	0.48.20.38	(122)
		Carsten Helbo	20.27	1.08.48.08	(121)
		Dorthe Isager Larsen	23.37	1.32.25.98	(122)
		Thorbjørn Dahlgtrd	20.58	1.53.24.87	(120)
121	76	Skildpadderne			
		Søren Brun	17.42	0.17.42.69	(57)
		Søren Spætte	25.48	0.43.31.53	(116)
		Søren Banjomus	22.41	1.06.13.24	(118)
		Søren Gerrike	21.33	1.27.46.46	(118)
		Søren Ryge	26.45	1.54.32.43	(121)
122	111	Sidst men ikke mindst			
		Carsten Søndergaard	22.16	0.22.16.65	(121)
		Mads Hansen	21.33	0.43.50.31	(118)
		Preben Bager	21.34	1.05.24.80	(116)
		Niels Jørgen Rasmussen	18.12	1.23.37.76	(113)
		Carsten Andersen	35.10	1.58.47.94	(122)
123	79	Adidas Oldstars			
		Erling Thomsen	20.47	0.20.47.67	(111)
		Mikael Mørck	17.20	0.38.08.40	(78)
		Kristian Dreyer	36.15	1.14.24.33	(123)

RESULTATLISTE ALMINDSØSTAFETTEN 2003 kvinder

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 plac. hold

1	226	Hammel GF Kvinder			
		Line Vinther	17.00	0.17.00.66	(1)
		Lisbeth Vinther	17.00	0.34.01.31	(1)
		Inge Øster	16.58	0.50.59.83	(1)
2	227	Ikast AM			
		Margit Riis	19.27	0.19.27.81	(10)
		Bente Jensen	18.24	0.37.51.87	(4)
		Tove Andersen	16.26	0.54.18.83	(2)
3	204	FK 73			
		Vita Lyngaa	19.20	0.19.20.01	(9)
		Mette Ø.Andersen	19.41	0.39.01.74	(5)
		Merle Lorentzen	17.05	0.56.06.86	(3)
4	240	Pia, Ellen og Tove			
		Tove Agerbo	17.19	0.17.19.95	(2)
		Ellen Bjerg	18.42	0.36.02.02	(2)
		Pia Due	20.49	0.56.51.24	(4)
5	241	SCS 1			
		Lene Bastrup	18.08	0.18.08.56	(4)
		Vivi Madsen	19.02	0.37.11.39	(3)
		Inger Knorborg	19.52	0.57.04.21	(5)
6	235	RKI Specialrykkerpatruljen			
		Merete Overby	18.22	0.18.22.73	(7)
		Marlene Hansen	22.01	0.40.24.51	(8)
		Lotte Torp	19.10	0.59.35.31	(6)
7	234	Team Gunilslund Damer			
		Kirsten Gravesen	20.38	0.20.38.83	(16)
		Ulla Bliksted	22.04	0.42.43.80	(15)
		Marianne Busk	17.08	0.59.51.89	(7)
8	213	Jyske Bank - ferietøserne			
		Connie Olesen	19.30	0.19.30.12	(11)
		Birgitte Boldsen	22.38	0.42.08.26	(11)
		Tine Bock	18.27	1.00.35.94	(8)
9	228	SMT Tøserne			
		Lise Grønlund	18.53	0.18.53.26	(8)
		Kersti Brauner	20.34	0.39.27.72	(6)
		Ebba Bech	21.15	1.00.43.03	(9)
10	236	Sminge Sylfiderne			
		Jette Nordsmark	17.43	0.17.43.12	(3)
		Nina Løchte	22.27	0.40.10.39	(7)
		Connie Olesen	20.33	1.00.44.13	(10)
11	214	Marathon 2003			
		Lisbeth Zacher	20.20	0.20.20.98	(15)
		Eva Lauritzen	21.50	0.42.11.94	(12)
		Lisbeth Dissing	20.30	1.02.42.11	(11)

12	216	Brandtex Sild			
		Bodil Jensen	21.06	0.21.06.29	(18)
		Susanne Dam	20.49	0.41.55.52	(9)
		Elisabeth Vad	21.17	1.03.13.36	(12)
13	207	Galten GF Damer 2			
		Helle Østergaard	20.10	0.20.10.49	(13)
		Mie Højgaard	21.56	0.42.07.00	(10)
		Laila Justesen	21.13	1.03.20.01	(13)
14	201	Nordea 1			
		Ulla K. Villadsen	20.09	0.20.09.50	(12)
		Lone Jensen	24.06	0.44.16.24	(18)
		Ulla K. Villadsen	19.09	1.03.25.44	(14)
15	222	Th.Langsg Kvinder			
		Rie Gade	18.09	0.18.09.32	(5)
		Benedikte Wegeberg	24.28	0.42.38.09	(13)
		Eva Verner	21.51	1.04.29.18	(15)
16	243	Deloitte & Touche			
		Lene Morgenstern	22.10	0.22.10.06	(23)
		Henriette Kronborg	26.51	0.49.02.02	(34)
		Vibeke Trærup	15.42	1.04.44.15	(16)
17	233	Adidas Kvinder			
		Lise Jensen	23.06	0.23.06.42	(27)
		Trine Lyder	19.35	0.42.42.32	(14)
		Vibeke	22.14	1.04.56.57	(17)
18	237	JLB 1			
		Joan Bak	22.11	0.22.11.05	(24)
		Lisbeth Schmidt	23.31	0.45.42.58	(22)
		Berit Damholm	19.56	1.05.39.46	(18)
19	200	Kaalunds sild			
		Randi Thygesen	22.09	0.22.09.79	(22)
		Dorte Lundahl	22.34	0.44.43.81	(20)
		Julie Husbjerg	20.57	1.05.40.84	(19)
20	229	The Local Lamse Bamse Ben			
		Mette Plambeck	21.07	0.21.07.12	(19)
		Vivi Krogsgård	21.48	0.42.55.28	(16)
		Lisbeth Thomsen	23.25	1.06.20.44	(20)
21	202	Nordea 2			
		Vivi Normann	20.14	0.20.14.01	(14)
		Anni Brostrøm	25.10	0.45.24.13	(21)
		Vivi Normann	21.00	1.06.24.17	(21)
22	231	Silkeborg Seminarium 2			
		Bodil Borg Høj	21.40	0.21.40.79	(21)
		Birthe Lundgaard	24.41	0.46.22.07	(23)
		Inga Jäger	20.16	1.06.38.89	(22)

23	212	Jyske Bank –Silkeborg Datacentrals piger			
		Lene Bolby	18.17	0.18.17.34	(6)
		Glennie Jørgensen	26.26	0.44.43.43	(19)
		Dorte Winther	22.55	1.07.39.09	(23)
24	230	ADVODAN piger			
		Kirsten Elling	23.05	0.23.05.26	(26)
		Annemette Engelbrecht	23.17	0.46.22.35	(24)
		Mette Nørgård	21.39	1.08.01.88	(24)
25	239	Asics Gel 1080 Female Dream T			
		Mie D. Skaalum	25.07	0.25.07.14	(37)
		Hanne Skovgaard Petersen	22.39	0.47.46.55	(32)
		Janne Sandholdt	20.59	1.08.46.48	(25)
26	206	Galten GF Damer 1			
		Lisa Jacobsen	21.05	0.21.05.69	(17)
		Jytte Zeuthen	22.33	0.43.39.05	(17)
		Marianne Gadegaard	25.34	1.09.13.51	(26)
27	218	Jyske Bank - Heksene			
		Kirsten Johansen	23.09	0.23.09.66	(28)
		Martine Britten	26.10	0.49.20.31	(37)
		Lene Papsø	20.00	1.09.21.25	(27)
28	203	Bodils hold			
		Bodil Mortensen	22.39	0.22.39.12	(25)
		Karen Thøgersen	23.44	0.46.23.23	(25)
		Anne Læssøe	23.32	1.09.56.13	(28)
29	219	ND Revision Silkeborg			
		Tine Christensen	24.26	0.24.26.66	(34)
		Mette Poulsen	23.37	0.48.03.69	(33)
		Laila Lunddal	22.06	1.10.09.70	(29)
30	232	Happy Runners Girls			
		Lone Birner	24.15	0.24.15.24	(33)
		Mette Thygesen	22.22	0.46.38.17	(26)
		Maria Daugaard	23.34	1.10.12.99	(30)
31	223	Mødregruppen			
		Bente Bennetzen	26.40	0.26.40.19	(40)
		Helle Østergaard	20.34	0.47.14.25	(28)
		Liselotte Winkler	23.04	1.10.18.59	(31)
32	242	SCS 2			
		Birgitte Ligaard	24.02	0.24.02.50	(30)
		Pia Lyngå	23.06	0.47.08.54	(27)
		Anne Ravn	23.16	1.10.24.75	(32)
33	217	Thorsøhøjen			
		Lise Pagh	24.46	0.24.46.82	(35)
		Marianne Gorridsen	22.29	0.47.16.39	(29)
		Helle Rose	23.13	1.10.29.80	(33)
34	211	Galten GF Damer 6			
		Laila Johansen	24.04	0.24.04.80	(31)
		Inger Holm	25.09	0.49.14.59	(35)
		Gitte Simonsen	22.13	1.11.28.19	(34)

35	205	Solbo			
		Nina Rebold	25.09	0.25.09.07	(38)
		Lisbeth Jensen	22.33	0.47.42.87	(30)
		Kirsten Knudsen	24.51	1.12.34.26	(35)
36	221	Skaderne 2, Sygehuset			
		Rita Balle	24.58	0.24.58.41	(36)
		Mette Lunen	25.09	0.50.07.82	(39)
		Leni Hillerstrøm	22.26	1.12.34.59	(36)
37	244	BG Bank Kvinder			
		Henriette Kirkegaard	21.26	0.21.26.95	(20)
		Henriette Urebjerg	26.18	0.47.45.29	(31)
		Anisette Kruse Jensen	25.24	1.13.09.52	(37)
38	225	Fruerne			
		Susanne	23.55	0.23.55.85	(29)
		Jeanett	25.37	0.49.33.05	(38)
		Grethe	24.42	1.14.15.60	(38)
39	209	Galten GF Damer 4			
		Lene Poulsen	26.38	0.26.38.37	(39)
		Annie Birch	25.06	0.51.45.09	(41)
		Hanne Sørensen	23.44	1.15.29.91	(39)
40	238	Karup OK 3			
		Gitte Madsen	28.29	0.28.29.27	(43)
		Margit Johansen	26.09	0.54.39.26	(42)
		Sussie Jespersen	24.51	1.19.31.25	(40)
41	215	Team CSK			
		Susanne Christiansen	29.25	0.29.25.02	(44)
		Kirsten Krogh	19.51	0.49.16.24	(36)
		Else Sørensen	31.31	1.20.47.60	(41)
42	210	Galten GF Damer 5			
		Kirsten Blichfeldt	27.02	0.27.02.32	(41)
		Elin Duus	27.47	0.54.50.19	(43)
		Mette Rødekilde	27.10	1.22.01.09	(42)
43	208	Galten GF Damer 3			
		Tina Jørgensen	27.59	0.27.59.17	(42)
		Sanne Porse	27.31	0.55.31.05	(44)
		Karin Pedersen	27.42	1.23.13.65	(43)
44	220	Champagneholdet			
		Lene Schmidt	24.14	0.24.14.91	(32)
		Annie Søndergaard	27.04	0.51.19.49	(40)

RESULTATLISTE ALMINDSØSTAFETTEN 2003 mix

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 plac. hold

1	272	Adidas Elitemix			
		Gitte Karlshøj	13.33	0.13.33.38	(1)
		Jens Wørzner	13.58	0.27.31.38	(1)
		Gitte Karshøj	14.27	0.41.58.38	(1)
		Jens Wørzner	14.52	0.56.50.92	(1)
2	299	Ann Thomsens hold			
		Thorstein Gystad	14.04	0.14.04.47	(2)
		Merete	20.29	0.34.34.03	(5)
		Ann Thomsen	16.02	0.50.36.05	(2)
		Thorstein Gystad	13.36	1.04.12.08	(2)
3	185	Herning Løbeklub			
		Visti Nielsen	17.00	0.17.00.39	(14)
		Ingelise Jensen	17.30	0.34.31.12	(4)
		Arne Warming	18.05	0.52.36.61	(6)
		Ingelise Jensen	17.35	1.10.12.22	(3)
4	143	Jyske Bank - Nike			
		Bjarne Bech	16.57	0.16.57.73	(13)
		Lise Lohse	17.17	0.34.14.97	(3)
		Eva Pausgaard	19.27	0.53.42.41	(9)
		Johnny Simonsen	17.06	1.10.48.64	(4)
5	162	Supersprint			
		Anne Mogensen	19.23	0.19.23.03	(33)
		Sofie Skov	18.26	0.37.49.29	(24)
		Claus Thomsen	18.21	0.56.10.54	(13)
		Michael Pedersen	15.14	1.11.25.33	(5)
6	137	Rustenborgløberne 1			
		Mikael Svendsen	17.22	0.17.22.31	(17)
		Helle Kristiansen	17.51	0.35.14.07	(8)
		Kirsten Høyer	18.53	0.54.07.90	(11)
		Thomas Herskind	17.28	1.11.35.98	(6)
7	195	Jyske Bank- bedre sent end aldrig			
		Mogens Sørensen	17.27	0.17.27.86	(20)
		Doris Nielsen	19.47	0.37.14.91	(18)
		Mogens Sørensen	15.26	0.52.41.44	(7)
		Doris Nielsen	19.39	1.12.20.75	(7)
8	132	Team Kildegaard			
		Morten Krogh Andersen	16.08	0.16.08.38	(6)
		Anne Kildegaard	19.32	0.35.40.54	(11)
		Lene Kildegaard	21.06	0.56.46.74	(15)
		Jørn Kildegaard	15.58	1.12.44.81	(8)
9	298	Kaj Munkerne			
		Mads Hornbæk	16.26	0.16.26.94	(9)
		Lise Gøttge	19.08	0.35.35.05	(10)
		Niels Riisgaard	16.48	0.52.23.92	(5)
		Stine Drusaa	20.41	1.13.05.13	(9)

10	164	Jyske Bank- Jyske Finans 1			
		Marianne Dam	19.49	0.19.49.78	(37)
		Finn Larsen	16.48	0.36.38.60	(15)
		Karen Margrethe Ashton	22.08	0.58.47.36	(27)
		Blaine Dyrlund	14.29	1.13.16.39	(10)
11	142	Jyske Bank - Kreditbanden			
		Jane Nygaard	19.55	0.19.55.22	(38)
		Henrik Hansen	17.06	0.37.01.34	(17)
		Merete B.Nielsen	20.03	0.57.04.54	(17)
		Carsten Isacsson	16.48	1.13.53.08	(11)
12	186	Team Gunilslund Mix			
		Per Knudsen	16.28	0.16.28.37	(10)
		Lisbeth Knudsen	18.07	0.34.36.28	(6)
		Torben Lauridsen	17.44	0.52.20.30	(4)
		Kitte Lauridsen	21.37	1.13.57.47	(12)
13	193	Rygklapperne			
		Charlotte	22.53	0.22.53.84	(65)
		Mikkel	16.19	0.39.12.94	(35)
		Kate	20.24	0.59.37.67	(31)
		Morten	14.20	1.13.57.75	(13)
14	129	Team Trica Mix			
		Maiken	21.09	0.21.09.43	(51)
		Morten Hansen	16.12	0.37.21.94	(19)
		Christel Bergensen	20.59	0.58.21.12	(23)
		Johan Østergård	15.37	1.13.58.53	(14)
15	177	APV Nordic Mix			
		Susanne Greve	18.28	0.18.28.55	(24)
		Claus Thorsen	16.43	0.35.11.93	(7)
		Anna Thora Sanggaard	21.40	0.56.52.18	(16)
		Ib Christoffersen	17.07	1.13.59.18	(15)
16	167	Formandens hold			
		Kirstine Gjelstrup	21.00	0.21.00.69	(50)
		Bent Thorsted	16.28	0.37.29.30	(21)
		Susanne Brodersen	20.47	0.58.16.65	(22)
		Hans Henrik Nørgaard	15.46	1.14.03.35	(16)
17	154	Torden og Lynild			
		Lili Remme	21.27	0.21.27.72	(57)
		Max Steinar	15.09	0.36.37.56	(14)
		Lila Haarup	21.49	0.58.26.87	(24)
		Tim Smal	15.42	1.14.09.45	(17)
18	171	AOF			
		Gitte Frost	18.19	0.18.19.82	(21)
		Bitten Frandsen	21.08	0.39.28.81	(37)
		Jens Jakob Grundvad	18.19	0.57.48.64	(20)
		Anders Iversen	16.37	1.14.26.09	(18)
19	197	Turbo Ko			
		Morten Thomsen	18.57	0.18.57.00	(29)
		Anders Gribsholt	14.35	0.33.32.79	(2)
		Sigrid Bjerge	18.06	0.51.39.32	(3)
		Lena Gribsholt	22.47	1.14.26.97	(19)

20	161	JILL			
		Inge Borrisholdt	20.15	0.20.15.76	(44)
		Jan Kim Engemand	17.06	0.37.22.21	(20)
		Lene Hansen	18.40	0.56.02.69	(12)
		Lars Vejland	18.27	1.14.30.43	(20)
21	128	The Freak Team			
		Betine Justesen	17.20	0.17.20.33	(16)
		Jens Spangaaard	21.02	0.38.22.35	(29)
		Mette Niebur	19.43	0.58.05.67	(21)
		Keld Dahl	16.30	1.14.36.29	(21)
22	126	Karup OK 7			
		Kirsten Andersen	19.24	0.19.24.13	(35)
		Jan Lauge	16.09	0.35.33.46	(9)
		John Madsen	17.51	0.53.24.78	(8)
		Jocelyn A.Jensen	21.36	1.15.01.19	(22)
23	148	Brandtex - Mix			
		Lene Meyer	24.12	0.24.12.49	(75)
		Leif Olsen	15.50	0.40.02.54	(43)
		Gitte Bøge	18.26	0.58.29.40	(26)
		Peter Hovgaard	16.36	1.15.06.24	(23)
24	175	Hammel GF Mix 1			
		Birgitte Rojek	19.43	0.19.43.41	(36)
		Anne-Grethe Klausen	19.57	0.39.40.57	(39)
		Per Thomsen	17.35	0.57.15.74	(18)
		Jan Hermansen	18.10	1.15.26.56	(24)
25	269	LKKA			
		Lonnie Andersen	18.24	0.18.24.70	(23)
		Kim Møller-Petersen	18.15	0.36.40.36	(16)
		Kristina Meyhoff	23.01	0.59.41.62	(33)
		Anders Schnede	15.52	1.15.34.20	(25)
26	131	Kaalunds gode ben			
		Arne Jensen	18.54	0.18.54.09	(27)
		Per Buttenschøn	17.37	0.36.31.13	(12)
		Tina Klinkby	19.53	0.56.24.94	(14)
		Karen Marie Jespersen	19.20	1.15.45.40	(26)
27	145	DFMS			
		Leo Christensen	19.15	0.19.15.56	(32)
		Henriette Jaquet	22.55	0.42.11.34	(54)
		Marianne Støckler	18.44	1.00.55.88	(38)
		Brian Gregersen	15.07	1.16.03.64	(27)
28	127	Intersport			
		Søren Rasmussen	15.10	0.15.10.54	(4)
		Henriette Schmidt	25.17	0.40.27.86	(48)
		Lars Odgaard	17.19	0.57.47.10	(19)
		Anette Bruun	18.45	1.16.32.42	(28)

29	151	Sydbank				
		Claus Brændstrup	18.58	0.18.58.98	(30)	
		Anita Røddik	20.36	0.39.35.84	(38)	
		Jan Bjerregaard	18.52	0.58.28.74	(25)	
		Inge Rasmussen	18.04	1.16.32.97	(29)	
30	149	Jyske Bank - Team Building				
		Leo Høeg	16.52	0.16.52.37	(11)	
		Lissa Juul	21.10	0.38.02.47	(25)	
		Henning H.Hansen	21.21	0.59.24.32	(28)	
		Ruth Roin	18.02	1.17.26.90	(30)	
31	182	Adidas Supermix				
		Jens Band Larsen	16.26	0.16.26.34	(8)	
		Mette Bredkjær	21.55	0.38.21.64	(28)	
		Paul Brandt	15.42	0.54.04.22	(10)	
		Maibritt Nielsen	23.51	1.17.56.01	(31)	
32	140	Jyske Bank - helt fra koncepterne				
		Jens Ivar Lønning	16.19	0.16.19.31	(7)	
		Berit D. Kuhr	20.12	0.36.32.06	(13)	
		Lissy Kristensen	23.29	1.00.01.62	(35)	
		Hans-Henrik Døssing	17.58	1.17.59.69	(32)	
33	198	Skaderne 1				
		Niels Hjørnet	14.08	0.14.08.48	(3)	
		Bodil Foldager	26.15	0.40.24.23	(47)	
		Lotte Balle	21.37	1.02.01.85	(43)	
		Niels Hjørnet	16.07	1.18.09.58	(33)	
34	172	Team Zauchensee				
		Susanne Vase Nielsen	21.56	0.21.56.83	(60)	
		Lars Bek	17.07	0.39.03.99	(32)	
		Lene Sørensen	20.35	0.59.39.92	(32)	
		Lars Kusk	18.45	1.18.25.73	(34)	
35	181	Silkeborg Seminarium 1				
		Inga Jäger	19.55	0.19.55.66	(39)	
		Kirsten Madsen	20.20	0.40.15.72	(46)	
		Ebbe Kromann	20.06	1.00.22.71	(37)	
		Verner Becker	18.22	1.18.45.50	(35)	
36	170	Stonor				
		Marita Jacobsen	21.31	0.21.31.56	(58)	
		Arne Stonor	17.14	0.38.46.03	(31)	
		Marita Jacobsen	22.43	1.01.29.61	(41)	
		Arne Stonor	17.23	1.18.52.97	(36)	
37	165	Jyske Bank- Jyske Finans 2				
		Lene Gammelgaard	22.00	0.22.00.95	(61)	
		Kim Lund Nielsen	18.10	0.40.11.82	(45)	
		Jette Tjener	23.22	1.03.34.78	(54)	
		Bjarne Leth	15.22	1.18.57.37	(37)	
38	158	Tandlægecentret				
		Bo Jørgensen	24.30	0.24.30.78	(76)	
		Lene Busk Skou	21.23	0.45.54.72	(70)	
		Jakob Lindberg	16.33	1.02.27.72	(45)	

		Birgit Jørgensen	16.53	1.19.20.76	(38)
39	179	Ikast AM 1			
		Kim Christensen	17.12	0.17.12.26	(15)
		Irma Vase	21.00	0.38.12.47	(27)
		Johannes Nielsen	21.24	0.59.36.52	(30)
		Karin Eriksen	19.52	1.19.28.84	(39)
40	199	CSC			
		Sofie Boldsen	23.23	0.23.23.88	(68)
		Mia Okkels	22.33	0.45.57.74	(71)
		Birger Okkels	17.42	1.03.40.55	(55)
		Jens Mikkelsen	16.09	1.19.49.60	(40)
41	133	Bryrup Mixture			
		Grethe Stjernholm	20.33	0.20.33.89	(45)
		Tage Hedegaard	17.00	0.37.34.13	(22)
		Heidi Frydenlund-Vad	24.31	1.02.05.91	(44)
		Søren Kristian Frydenlund-Vad	17.47	1.19.53.61	(41)
42	123	Karup OK 4			
		Jocelyn A.Jensen	20.51	0.20.51.24	(47)
		Jacob Danielsen	19.51	0.40.42.74	(50)
		Per Bødskov	19.06	0.59.49.53	(34)
		Kirsten Andersen	20.26	1.20.15.74	(42)
43	157	Vestjysk Bank 3			
		Anette Knudsen	25.05	0.25.05.60	(78)
		Gert Christensen	16.43	0.41.49.31	(52)
		Lis Lysdal	21.43	1.03.32.70	(53)
		Kristian Straarup	16.48	1.20.21.62	(43)
44	275	Jyske Bank -Silkeborg Datacentral Mix hold			
		Louise Grønkjær	21.22	0.21.22.11	(55)
		Kim Larsen	17.57	0.39.19.92	(36)
		Britta Bøhme	23.32	1.02.52.43	(51)
		Keld Bolby	17.38	1.20.31.12	(44)
45	190	MF Mix-hurtigløberne			
		Jette Olsen	22.10	0.22.10.50	(62)
		Leif Pedersen	17.52	0.40.03.42	(44)
		Hanne Bækgård	21.49	1.01.52.68	(42)
		Anders Simmelsgård	18.47	1.20.40.19	(45)
46	130	Silkeborg Svømmeklub 4			
		Mathilde Schwartz	20.40	0.20.40.04	(46)
		Tina Flaskager	17.23	0.38.03.29	(26)
		Ditte Lindberg	21.59	1.00.02.66	(36)
		Zara Bjørnholt	20.40	1.20.42.77	(46)
47	153	A Rasmus Invest			
		Per Esmann	21.49	0.21.49.25	(59)
		Maj-Britt K.Larsen	18.39	0.40.29.01	(49)
		Jeanette Frølund	22.16	1.02.45.29	(50)
		Torben V.Rasmussen	18.06	1.20.51.72	(47)

48	176	Hammel GF Mix 2			
		Irma Sørensen	23.18	0.23.18.45	(67)
		Berit Jensen	23.10	0.46.28.61	(76)
		Peter Schouborg	16.08	1.02.36.78	(47)
		Frank Heitmann	18.27	1.21.04.08	(48)
49	138	Rustenborgløberne 2			
		Torben Oster	18.48	0.18.48.65	(26)
		Lene Søgaard	21.01	0.39.49.85	(41)
		Pia Adler	22.51	1.02.41.78	(48)
		Maria Larsen	19.09	1.21.51.04	(49)
50	135	Cleantabs 1			
		Berit Grysbæk	25.18	0.25.18.90	(79)
		Lenette Sørensen	20.50	0.46.09.71	(73)
		Preben Nielsen	20.03	1.06.12.86	(67)
		Thomas Krejlberg	15.39	1.21.52.19	(50)
51	196	Jyske Bank - Sø-løwernerne			
		Marianne Gloggensgichser	19.59	0.19.59.67	(41)
		Rene Nymann	19.53	0.39.53.09	(42)
		Astrid Kristensen	21.13	1.01.06.76	(39)
		Knud Erik Christensen	21.00	1.22.07.52	(51)
52	297	Ski Ekspresen			
		Hanne Märcher	23.51	0.23.51.73	(72)
		Inga Eriksen	22.56	0.46.48.16	(77)
		Poul Kramer	17.52	1.04.41.08	(58)
		Leif Märcher	17.39	1.22.21.03	(52)
53	188	MF Superelite Mix			
		Marianne Hosbjerg	19.06	0.19.06.54	(31)
		Lasse Christensen	20.02	0.39.09.37	(34)
		Randi Nør Nielsen	24.43	1.03.52.85	(56)
		Jesper Lassen	18.31	1.22.24.38	(53)
54	189	MF Elite Mix			
		Marianne Bundgård	23.29	0.23.29.05	(69)
		Jette Sørensen	22.40	0.46.09.50	(72)
		Morten Vinther	18.32	1.04.42.12	(59)
		Lasse Kjærsgård	17.44	1.22.26.74	(54)
55	163	Jyske Bank-Erhvervsteam			
		Jens Strange	19.56	0.19.56.48	(40)
		Frank Helmer Nielsen	17.50	0.37.47.20	(23)
		Lisbeth Harlev Dyhrn	25.34	1.03.21.71	(52)
		Birgitte Nielsen	19.35	1.22.57.12	(55)
56	134	Efternølerne			
		Ole Miller	18.23	0.18.23.71	(22)
		Karen Miller	25.20	0.43.44.55	(61)
		Alice Schneider	22.52	1.06.36.75	(68)
		Bjarne Aarup	16.29	1.23.06.48	(56)

57	146	Sandell og Johansen			
		Susanne Johansen	22.49	0.22.49.01	(64)
		Christina Sandell	23.30	0.46.19.93	(75)
		Stefan Sandell	21.07	1.07.26.95	(71)
		Carsten Johansen	15.55	1.23.22.88	(57)
58	191	Trevira Neckelmann 2			
		Tommy Nielsen	18.56	0.18.56.67	(28)
		Michaela Almasy	23.15	0.42.12.16	(55)
		Bo Jakobsen	20.31	1.02.44.03	(49)
		Michell Almasy	21.08	1.23.52.26	(58)
59	168	Jyske Bank - Virklund			
		Jørgen Saaby	16.52	0.16.52.98	(12)
		Trine Saaby Jensen	25.42	0.42.35.89	(57)
		Rasmus Saaby Jensen	18.36	1.01.12.80	(40)
		Lis Jensen	22.48	1.24.01.65	(59)
60	139	Galten GF Mix			
		Bente Kloborg	21.17	0.21.17.88	(54)
		Kasper Kloborg	21.08	0.42.26.83	(56)
		Nora Jensen	21.31	1.03.57.85	(57)
		Bent Brogård	20.38	1.24.35.93	(60)
61	180	Ikast AM 2			
		Jens H.Nannerup	21.15	0.21.15.19	(52)
		Marianne Nannerup	21.34	0.42.50.01	(59)
		Jens Arne Riis	19.45	1.02.35.46	(46)
		Henny Sørensen	22.10	1.24.45.92	(61)
62	192	Gødvadskolen Mix			
		Mie Boel	24.41	0.24.41.11	(77)
		Torben Therkildsen	20.19	0.45.00.84	(66)
		Lone Svejstrup	20.19	1.05.20.18	(64)
		Søren Fisker	19.27	1.24.47.41	(62)
63	147	Pehrson og Co			
		Maiken Pehrson	20.07	0.20.07.99	(43)
		Sonja Pehrson	21.48	0.41.56.29	(53)
		Morten Pehrson	17.29	0.59.26.02	(29)
		Erik Pehrson	25.45	1.25.11.08	(63)
64	194	PjuBul			
		Susanne Mikkelsen	27.03	0.27.03.97	(82)
		Helle Mølgård	21.43	0.48.47.79	(79)
		Klaus Mølgård	17.16	1.06.03.85	(66)
		Sven Søby	19.47	1.25.51.12	(64)
65	178	T.T.Electronics			
		Lisbeth Lisberg	21.15	0.21.15.96	(53)
		Karen Thomsen	23.57	0.45.13.69	(68)
		Knud Lohse Rasmussen	20.18	1.05.32.65	(65)
		Ole Skjærbæk	20.25	1.25.58.48	(65)

66	173	Storfamilien Senior			
		Herbert Johannsen	23.50	0.23.50.25	(71)
		Kirsten Johannsen	23.35	0.47.25.40	(78)
		Mogens	21.19	1.08.44.84	(73)
		Søren	19.41	1.28.25.90	(66)
67	156	Vestjysk Bank 2			
		Helle Nielsen	23.49	0.23.49.81	(70)
		Jakob Bruhn	22.22	0.46.11.97	(74)
		Marie Keller	21.08	1.07.20.31	(70)
		Lasse Nygh Dam	21.06	1.28.27.27	(67)
68	125	Karup OK 6			
		Mette Hoffmann	25.57	0.25.57.01	(80)
		Torben Leth	19.14	0.45.11.77	(67)
		Lars Hoffmann	21.43	1.06.55.15	(69)
		Gitte V.Madsen	21.44	1.28.39.30	(68)
69	124	Karup OK 5			
		Grete Krabbesmark	24.07	0.24.07.68	(74)
		Torben Ibsen	20.00	0.44.08.44	(64)
		Elo Sørensen	20.59	1.05.07.66	(63)
		Ragnhild Jespersen	23.56	1.29.04.59	(69)
70	273	Silkeborgskolen 5			
		Katrine	23.03	0.23.03.94	(66)
		Pernille	20.03	0.43.07.31	(60)
		Mia H	26.01	1.09.08.84	(74)
		Jeanette	20.05	1.29.14.67	(70)
71	159	Jyske Bank -Koncern HR			
		Mette Ørum	27.59	0.27.59.66	(84)
		Anette Pedersen	27.34	0.55.33.69	(83)
		Søren Bay	16.35	1.12.09.32	(80)
		Karsten Seeberg	17.11	1.29.20.77	(71)
72	152	De smækre kroppe			
		Flemming Hald Olesen	19.23	0.19.23.53	(34)
		Conni Overbye	24.40	0.44.03.83	(63)
		Finn Skovgaard Jensen	20.48	1.04.52.23	(61)
		Dorte Visborg Johansen	24.51	1.29.43.78	(72)
73	166	Logodan MIX			
		Carsten Juul Jørgensen	21.27	0.21.27.33	(56)
		Helle Smedegaard	21.10	0.42.37.70	(58)
		Jørgen Clemmensen	25.34	1.08.12.43	(72)
		Inge Søndergaard	21.57	1.30.09.60	(73)
74	150	Jyske Bank - Silkeborg Datacentral Special Team			
		Inger Sparsø	23.55	0.23.55.40	(73)
		Charlotte J. Brandt	27.42	0.51.38.33	(81)
		Jan Mathiasen	19.22	1.11.01.22	(77)
		Søren Blaabjerg Poulsen	19.12	1.30.13.28	(74)

75	155	Vestjysk Bank 1			
		Jørgen Maesen	20.00	0.20.00.05	(42)
		Birte Maesen	18.37	0.38.37.95	(30)
		Allan Kristensen	26.28	1.05.06.62	(62)
		Carin Westphal	25.48	1.30.54.69	(75)
76	184	Adidas-Mix			
		Stig Kahr	18.32	0.18.32.83	(25)
		Gitte Randløv	23.06	0.41.39.21	(51)
		Michael Thomsen	23.04	1.04.43.38	(60)
		Pernille Morthensen	26.19	1.31.02.77	(76)
77	187	Motionisterne			
		Per Skov	17.25	0.17.25.38	(18)
		Hanne Kristiansen	21.41	0.39.06.79	(33)
		Susanne Møldrup	30.02	1.09.09.17	(75)
		Bent Jensen	23.25	1.32.34.44	(77)
78	160	Jyske Bank - Valutaspurt 2			
		Jesper Nielsen	15.59	0.15.59.81	(5)
		Tage Riis Johansen	29.37	0.45.37.09	(69)
		Helle F. Nielsen	25.16	1.10.54.08	(76)
		Louise B. Laursen	21.42	1.32.36.25	(78)
79	270	Århus 1900 A/M			
		Peter Bjerre	17.26	0.17.26.76	(19)
		Camilla Sømod	27.28	0.44.55.29	(65)
		Ulla Sømod	28.29	1.13.25.18	(81)
		Frode Sømod	20.33	1.33.58.58	(79)
80	183	Happy Runners Mix			
		Heidi Riis	22.26	0.22.26.65	(63)
		Lukas Modler	26.45	0.49.12.12	(80)
		Pia Modler	22.24	1.11.36.92	(79)
		Henrik Majgaard	22.42	1.34.19.02	(80)
81	169	Th.Langs Mix			
		Antje Reihls	20.54	0.20.54.27	(48)
		Bent Pedersen	23.00	0.43.54.76	(62)
		Lene Ackermann	27.41	1.11.36.31	(78)
		Lars Engeborg	23.39	1.35.15.86	(81)
82	274	Silkeborgskolen 6			
		Kristina F	20.59	0.20.59.15	(49)
		Pouline	18.46	0.39.45.29	(40)
		Sara	36.04	1.15.49.63	(82)
		Iben	20.33	1.36.23.20	(82)
83	174	Storfamilien Junior			
		Birgitte	27.06	0.27.06.28	(83)
		Peter	28.35	0.55.42.09	(84)
		Emil	23.21	1.19.03.68	(83)
		Martin	20.36	1.39.39.89	(83)
84	136	Cleantabs 2			
		Ulla Kristiansen	31.53	0.31.53.32	(85)
		Lis Gertsen	27.36	0.59.29.43	(85)
		Søren Hansen	22.10	1.21.40.33	(84)
		Niels Erik Hansen	20.44	1.42.25.00	(84)

85	144	Jyske Bank Svejs			
		Ingelise Asp	26.28	0.26.28.38	(81)
		Dorthe Hansen	27.13	0.53.41.86	(82)
		Heidi Bechmann	30.51	1.24.32.91	(85)
		Thomas Feder	20.06	1.44.39.67	(85)

RESULTATLISTE ALMINDSØSTAFETTEN 2003 børn 12-14 år

plac.	hold				
1	259	Lemmingdrengene			
		Esben Christensen	15.31	0.15.31.08	(1)
		Martin Kristensen	17.17	0.32.48.85	(1)
		Kenneth Bjerregaard	16.54	0.49.43.21	(1)
2	253	Fisker, Bek og Rasmussen			
		Henrik Rasmussen	16.26	0.16.26.61	(2)
		Nick Fisker	16.25	0.32.52.20	(2)
		Thomas Bek	16.53	0.49.45.90	(2)
3	261	Hot Spurt			
		Lasse Høeg	17.21	0.17.21.92	(6)
		Jens Heilesen	17.41	0.35.03.91	(5)
		Søren Ingvorsen	16.18	0.51.22.74	(3)
4	263	Sminge Håbet			
		Morten Toft	17.21	0.17.21.43	(5)
		Johan Løchte	16.50	0.34.12.00	(3)
		Peter Sølvsten	19.17	0.53.29.23	(4)
5	255	Team Dovendyr			
		Simon Mikkelsen	16.37	0.16.37.54	(3)
		Kristian Andersen	19.19	0.35.57.24	(6)
		Henrik Rasmussen	18.03	0.54.01.20	(5)
6	266	Sneglene			
		Kenneth Kramer	17.11	0.17.11.98	(4)
		Christian Ryom	17.48	0.35.00.28	(4)
		Søren Kristensen	20.57	0.55.57.53	(6)
7	250	Bryrup ToMaJo			
		Thomas Stjernholm	19.31	0.19.31.11	(7)
		Mattias H.Kristensen	18.22	0.37.53.46	(7)
		Jon Frydenlund-Vad	18.34	0.56.28.18	(7)
8	262	Sminge Junior			
		Maria Olesen	20.46	0.20.46.74	(12)
		Andreas Døssing	17.58	0.38.45.70	(10)
		Jonas Olesen	19.03	0.57.49.63	(8)
9	257	Løbeskoene			
		Katrine Dyrlund	19.42	0.19.42.31	(8)
		Line Pedersen	18.49	0.38.31.31	(9)
		Anne-Sofie Bek	19.18	0.57.50.01	(9)
10	264	Karup OK 8			
		Christian B.Andersen	20.31	0.20.31.03	(11)
		Camilla B.Andersen	23.04	0.43.35.32	(15)
		Michael Terkelsen	17.47	1.01.22.80	(10)
11	258	Det røde punktum			
		Simon Poulsen	21.04	0.21.04.37	(13)
		Jesper Greve	22.19	0.43.23.46	(12)
		Simon Kunø	19.52	1.03.15.67	(12)

12	256	Bog & Ide - Bøger i bøgeskoven			
		Søren Bach Sørensen	19.51	0.19.51.10	(9)
		Malthe Sørensen	18.19	0.38.10.82	(8)
		Emil Kastrup	25.34	1.03.45.05	(13)
13	265	Team MCM			
		Maiken Søndergaard	22.11	0.22.11.82	(15)
		Mia Horup	21.15	0.43.27.74	(13)
		Christina Rasmussen	21.51	1.05.19.14	(14)
14	254	Das Mumitrold			
		Kristoffer Rasmussen	19.53	0.19.53.30	(10)
		Kristoffer Rasmussen	23.36	0.43.29.88	(14)
		Kristoffer Rasmussen	23.02	1.06.32.74	(15)
15	260	Team Gunilslund Beauties			
		Marlene Meyer	22.21	0.22.21.05	(16)
		Christian Kaysen	23.31	0.45.52.69	(16)
		Stephanie Hovedskov	23.51	1.09.44.05	(16)
16	252	MAK			
		Mia Kjøge	23.53	0.23.53.98	(17)
		Agnethe Poulsen	22.45	0.46.39.87	(17)
		Mette Saabye	23.56	1.10.36.06	(17)
17	251	The Nice Girls			
		Sofie Skov	24.58	0.24.58.74	(18)
		Martine Bjønness	23.13	0.48.12.03	(18)
		Andrea Nickolaisen	22.31	1.10.43.70	(18)

RESULTATLISTE ALMINDSØSTAFETTEN 2003 børn 8-11 år

plac.	hold				
1	296	MaRaSi Speed			
		Mads Severinsen	16.13	0.16.13.21	(1)
		Rasmus Hansen	18.03	0.34.16.73	(4)
		Simon Rasmussen	18.48	0.53.05.72	(1)
2	291	Små enge			
		Mathias Toft	18.07	0.18.07.24	(3)
		Thomas Porup	20.00	0.38.07.85	(8)
		Rasmus Døssing	18.06	0.56.13.95	(2)
3	278	Nordenvinden			
		Anders Nykjær	20.49	0.20.49.65	(10)
		Simon Nørgaard	18.01	0.38.51.33	(11)
		Frederik Overby	18.09	0.57.00.80	(3)
4	277	SOK			
		Simon Schlederman	19.33	0.19.33.31	(7)
		Oliver Ostenfeld	20.10	0.39.43.97	(11)
		Jacob Kjøge	18.06	0.57.50.45	(4)
5	287	Sneakers			
		Tobias Andersen	19.01	0.19.01.50	(4)
		Michael Jørgensen	22.15	0.41.17.40	(11)
		Mathias Laursen	16.41	0.57.59.13	(5)
6	290	Arsenal			
		Asger Poulsen	19.19	0.19.19.57	(6)
		Anders Søndergaard	18.31	0.37.50.72	(7)
		Peter Johansen	20.53	0.58.44.39	(6)
7	295	The Dream Team			
		Rasmus Mathisen	19.03	0.19.03.26	(5)
		Julius Varegaard	18.58	0.38.01.76	(8)
		Tue Glud	22.52	1.00.54.34	(7)
8	293	Geparderne			
		Anders Märcher	21.01	0.21.01.57	(11)
		Thomas Reker	20.58	0.41.59.75	(11)
		Kasper Kramer	19.28	1.01.28.01	(8)
9	267	Grauballe			
		Sofie Kjærsgaard Mortensen	21.57	0.21.57.43	(14)
		Malene Lysdahl	20.33	0.42.30.56	(11)
		Nicklas Boris	19.46	1.02.17.39	(11)
10	288	Team Real Gunilslund			
		Oliver Lydig Kristensen	17.38	0.17.38.29	(2)
		Lasse Linding Lauritsen	20.50	0.38.29.27	(9)
		Mads B. Busk	27.40	1.06.09.29	(9)

11	279	Svedebanden			
		Lasse Jensen	23.03	0.23.03.56	(14)
		Jeppe Jensen	22.48	0.45.52.19	(16)
		Thomas Johannsen	20.48	1.06.40.38	(10)
12	292	Sprint og Fjant			
		Camilla Rasmussen	19.42	0.19.42.64	(9)
		Nana Tjener	28.30	0.48.13.24	(19)
		Maiken Rasmussen	19.22	1.07.35.47	(11)
13	276	Bryrup JaNiAs			
		Jakob Hedegaard Kristensen	24.56	0.24.56.76	(16)
		Niclas Heden	24.22	0.49.19.54	(19)
		Aske Frydenlund-Vad	21.16	1.10.35.73	(12)
14	289	Team Gunilslund United			
		Mikkel Busk	19.38	0.19.38.14	(8)
		Matthis Lauridsen	23.59	0.43.37.30	(16)
		Matthias Hovedskov	27.19	1.10.56.77	(13)
15	294	Bambinos			
		Tobias Madsen	26.48	0.26.48.26	(18)
		Christian Sørensen	27.43	0.54.31.84	(19)
		Andreas Krause	23.54	1.18.26.11	(14)
16	284	Virklund Skole 3.A. 5			
		Nikolaj Sandberg	21.56	0.21.56.44	(13)
		Cecilie Kaysen	31.09	0.53.06.16	(19)
		Mads Møller Dissing	25.23	1.18.29.79	(15)
17	268	Lopperne			
		Lærke Skibsted Knudsen	29.06	0.29.06.95	(19)
		Amanda	28.00	0.57.07.50	(19)
		Nana Jørgensen	24.10	1.21.18.36	(19)
18	281	Virklund Skole 3.A. 2			
		Anders Aagard Jensen	21.14	0.21.14.64	(12)
		Sofie Stampe	32.08	0.53.23.13	(19)
		Emil Svejstrup	28.06	1.21.30.11	(16)
19	286	Virklund Skole 3.A. 7			
		Emil Nøhr	25.57	0.25.57.89	(17)
		Sofie Højgaard	31.11	0.57.09.48	(20)
		Christian Pages	25.33	1.22.43.11	(17)
20	282	Virklund Skole 3.A.			
		Rasmus Petersen	41.53	0.41.53.16	(19)
		Lise Karlsen	24.28	1.06.21.70	(20)
		Emil Blåbjerg Poulsen	21.16	1.27.38.06	(18)
21	283	Virklund Skole 3.A. 4			
		Claus Randrup Madsen	23.15	0.23.15.81	(15)
		Marie Louise Takibo	31.57	0.55.13.70	(19)
		Joachim Kudsk	33.01	1.28.15.13	(19)

22	280	Virklund Skole 3.A. 1			
		Ea Tune Møller	42.00	0.42.00.96	(20)
		Christopher Torp	24.15	1.06.16.65	(20)
		Caroline Christensen	25.11	1.31.27.87	(20)
23	285	Virklund Skole 3.A. 6			
		Lasse Hjorth Nielsen	42.04	0.42.04.75	(21)
		Kimmie Seeberg	34.51	1.16.56.64	(20)
		Magnus Thøgersen	20.28	1.37.24.94	(21)